

What is Living Clay?

A clay that can change, grow and reconfigure itself. One that acts as a catalyst with the body to speed cellular revitalization and healing. This rare combination of negative-charged trace minerals enhances the production of enzymes providing micronutrients beneficial to living plants and animals. Through its qualities of absorption/adsorption, a trait unique only to the Smectite family of clays, this clay long ago proved itself to be a superior detox agent, exceptional in its ability to draw and bind with harmful toxins.

The negative ionic electromagnetic charge of its crystalline composition allows Living Clay to interact intelligently within its environment. In other words it brings balance, stimulation, revitalization and circulation to the body.

Green Smectite clays that expand/swell have superior absorption properties and are clearly the best choice for internal use. Furthermore, these specific properties when found in a Calcium Bentonite make it the premier choice for use with the human digestive system.

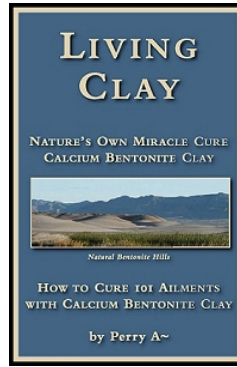


AboutClay.com hosts an active email forum on Yahoo Groups. With over 500 members, you're sure to find answers to your questions, and new ideas for using Clay. You are invited to Join Us today!

<http://health.groups.yahoo.com/group/aboutclay/join>

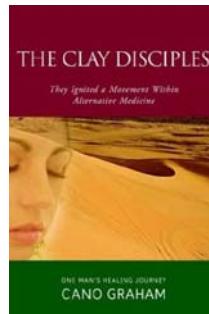
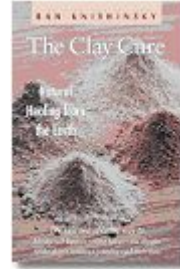
Recommended Reading

AboutClay.com recommends the following books for more information on using clay:



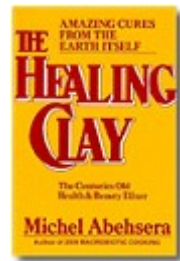
Living Clay: Nature's Own Miracle Cure by Perry A~

The Clay Cure by Ran Knishinsky



The Clay Disciples by Cano Graham

The Healing Clay by Michel Abeshera



www.AboutClay.com



A website dedicated to educating the public about the myriad benefits of using Calcium Bentonite Clay

From preventing the proliferation of pathogenic germs and parasites to aiding with the rebuilding of healthy tissues and cells - Clay is a 'living' cure.

www.AboutClay.com
Info@AboutClay.com

External Uses of Calcium Bentonite Clay:



Calcium Bentonite Clay is used by some of the most exclusive Spas & Resorts in the world. There is no finer or more effective Clay for facial treatments, full body wraps and clay baths. In addition it is used topically for:

- Detoxification of heavy metals stored in body tissues
- Poison Ivy, Oak and Shingles
- Eczema, Psoriasis and skin rashes
- Wart removal
- Toenail fungus
- Insect bites –wasps, spiders, scorpions, bees, fire ants
- Jammed joints
- Sprains and strained muscles
- Cuts, bruises and abrasion healing
- To stop severe bleeding – Powder Clay
- Pull out infection and gangrene from a wound or sore
- Cradle cap and diaper rash
- Acne reduction
- Aching joints
- Radiation exposure
- Burns and chemical burns

Full body application with 10-15 minutes in a Far Infrared Sauna, followed by a clay bath will detox heavy metals from the soft tissues of the body. Clay baths will also relieve sore stressed muscles in minutes.

Internal Uses of Calcium Bentonite Clay:

Using a clean, natural, pure, contaminant-free Calcium Bentonite Clay internally can be advantageous for general health. Suggested internal daily dosage is 1-2 ounces of the premixed liquid. Traditionally, eating 1 teaspoon of hydrated clay will achieve the same benefits. Some internal uses of Calcium Bentonite Clay are:

- Detoxification of the digestive system
- Bacterial food poisoning, organic and non-organic toxicity removal
- Removal of heavy metals and recovery from chemical therapies and radiation
- Elimination of internal parasites (digestive tracts)
- Improved immune system function
- Increases absorption of vitamins and nutrients
- Liver Detoxification
- Neutralizes stomach ailments from ulcers and Acid Reflux
- Alkalizing agent in the body - balances pH
- Fixes free oxygen in the blood stream
- Increases T-cell count
- Reduction of free radical damage
- To cleanse and detox the colon
- Stimulates latent cell energy

Note: The AboutClay.com website and this brochure are intended for use as informational guides. The information herein is meant to supplement and not to be a substitute for professional medical care or treatment. This information should not be used to treat a serious ailment without prior consultation with a qualified health-care professional.

How to Identify Safe Clay for Internal Use:

KNOW YOUR CLAY! All clays are different and the configuration of the trace minerals are used to distinguish clay uses. Most clays are used for industrial uses and therefore are not a pure quality. The bottom line is this, when searching for a good, safe clay for internal use, it's best to look for the following:

- Look for professional packaging with contact information of the provider
- A clay with a 8.5 or higher pH
- A calcium dominant Bentonite Clay
- An analysis of the clay minerals available from the manufacturer
- Microbial laboratory test results
- A tasteless/odorless clay
- A Smectite/Montmorillonite Clay
- A pure, clean, natural clay
- A clay that both adsorbs and absorbs
- A slightly swelling clay
- A clay milled at least to a 325 screen mesh
- A clay from a vein or deposit protected from the elements
- A Company that stands behind their clay

Green swelling clays have long been known for their superior healing qualities.

